

Grade Level: K

# Worry Dolls



<b>Big Idea</b>	Stories
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<b>Materials</b>	<ul style="list-style-type: none"><li>-Wooden Medical Spoons</li><li>-Washable Markers</li><li>-Pipe Cleaners</li><li>-Beads</li><li>-Watercolors (Optional)</li></ul>
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<b>Objective</b>	<p><b>The Students Will:</b></p> <ul style="list-style-type: none"><li>-Describe the historical and cultural implications from Guatemalan “Muñecas Quitapenas”</li><li>-Create Worry Dolls with human facial characteristics</li></ul>
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<b>Standards of Education</b>	<p><b>Visual Art SOLs:</b></p> <p>K.3 The student will follow a sequence of steps used in creating works of art.</p> <p>K.11 The student will use motor skills (e.g., pinching, pulling, squeezing, twisting, pounding, rolling, folding, cutting, modeling, stamping) to create two-dimensional and three-dimensional works of art.</p> <p>K.14 The student will describe the concept that people in all cultures create works of art.</p>
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## Itinerary & Instruction

### Lesson 1 (45 minutes) - Worry Dolls!

#### Hook/Instructional Input (5 mins)

- The instructor will begin the lesson by introducing the concept of Worry Dolls to the students. **What is a “worry”? Do you know what it means to worry? To worry is to have something bothering you, like if you're afraid or sad. Worry dolls are dolls that take away those worries and make you wake up happy! They were created in Guatemala. Do you know where Guatemala is on the globe? Let me show you. Do you know what language they speak in Guatemala? They speak Spanish! In Guatemala, they call Worry Dolls “Muñecas Quitapenas” in Spanish, meaning “Dolls [that] remove worries.” Children in Guatemala would tell their worry doll a story about something that’s bothering them, and then put their worry doll under their pillow. In the morning, they would wake up happy because their worries would be gone! Here are some examples of handmade Guatemalan Worry Dolls.**
- The instructor will introduce the activity for the day and demonstrate the process. **Today we are going to make our own worry dolls! Let me show you how we are going to do it.**

#### Guided Practice (5 mins)

- The instructor will demonstrate the art making process for the students.

#### Independent Practice

- Students will work independently for the remainder of class

#### Closure

- Students will assist the instructor for cleanup

#### Assessment

- Students will be assessed on their participation in discussion, their thoughtfulness during reflection, and their completion of the art making through a summative rubric.